



Working to improve the lives of carers

Carers News

September 2018

In partnership with Age UK, Memory Lane and Bluebird Calderdale

Carers (together with the adults they care for) are welcome to book a place on

Caring Together

Friday 2nd November 2018 ✓

Age UK Day Centre- Ground Floor

Rimani House, Hall Street, Halifax, HX1 5BD

10.30am: Calderdale Carers Annual General Meeting- Members only

11.15am Welcome refreshments for all carers and adults they care for.

12 noon Lunch

There will be singing throughout the day from the ever popular Tony Austin with hits from the 50s and 60s. Complementary therapists will be on hand to give hand and head/neck massages.

Anticipated finish around 3pm

You must book your places so please ring Julie or Louella

on 01422 369101

or email

enquiries@calderdale-carers.co.uk

Our AGM is at the Caring Together event above. Members will receive a separate invitation. If you would like to attend at 10.30am but are not currently a member please contact us on 01422 369101 for more information and a membership form.

Your Carers Support Groups

Please ring Janet at Calderdale Carers before attending for the first time.
All speakers must register with Janet.

<p>Halifax Group</p> <p>VAC Resource Centre, Hall Street, Halifax, HX1 5AY</p>	<p>1st Tuesday of the month 1pm - 2.30pm</p>	<p>2nd October 6th November 4th December No group January 2019</p>
<p>Lower Valley Group</p> <p>Brighthouse Library Halifax Road Brighthouse, HD6 2AF</p>	<p>1st Thursday of the month 1.30pm - 3pm</p>	<p>4th October 1st November 6th December 3rd January 2019</p>
<p>Todmorden Group</p> <p>Todmorden Health Centre, Halifax Road, Todmorden, OL14 5RN</p>	<p>2nd Tuesday of the month 11am - 12.30pm</p>	<p>9th October 13th November 11th December 8th January 2019</p>
<p>Sowerby Bridge Group</p> <p>St Paul's Church, Tower Hill, Sowerby Bridge HX6 2EQ</p>	<p>3rd Wednesday of the month 1.30pm - 3pm</p>	<p>17th October 21st November 19th December 16th January 2019</p>

Sitters & Transport

If you cannot leave the person that you care for we can often arrange and pay for a professional agency to come and sit for them to enable you to attend the group or any of activities that we organise.



These will be clearly marked with the tick above. We do require a minimum of 10 days notice.
We can also pay for transport and /or parking if you are unable to use public transport.
Please note we do not carry cash and normally pay expenses by bank credit

Relax and Be Positive for Carers ✓

Thursday 8th November

Todmorden Health Centre

Come along to our workshop followed by a social lunch where you can chat to other carers and staff.

The day starts at 11am and should finish around 2pm.

We will carry out some relaxation activities and guided meditations as well as learn about ways to increase positive thinking and affirmations.

If you would like to join us please email on

louella@calderdale-carers.co.uk

Or ring Julie on 01422 369101

<https://freewillsmoonth.org.uk/>

Free Wills Month takes place every October and March offering members of the public aged 55 and over the opportunity to have a simple Will written or updated free of charge by one of the solicitors participating in the campaign.

An up-to-date Will written by a solicitor can help ensure your wishes will be respected. It allows you to provide for your family and friends and leave a gift to your chosen charities too.

1. Go to <https://freewillsmoonth.org.uk/> on 1st October (or register now for an instant update/reminder).
2. Type in your postcode to find out which solicitors are taking part in the campaign in your local area.
3. Make an appointment directly with the participating solicitor during October. It's worth noting that the numbers of appointments are limited, so it is recommended you book your appointment with your chosen solicitor as soon as you can. Once all available appointments are booked the campaign will close – this may be before the end of the campaign month.

Report on Blue Badge Consultation from the Department of Health

Many thanks to all those carers who submitted their responses to the government blue badge consultation recently. The government has considered the responses and has decided to proceed with the following:

- a new eligibility criterion for people who have an enduring and substantial disability the effect of which is that that person is unable to walk or undertake a journey without it causing very considerable difficulty when walking
- The same for a person who is unable to undertake a journey without there being a reasonably foreseeable risk of serious harm to the health and safety of that person or any other person
- The same for a person who is unable to undertake a journey without it causing very considerable psychological distress to that person
- The same for people who score 10 points under the planning and following journeys activity of Personal Independence Payment by virtue of being unable to undertake any journey because it would cause overwhelming psychological distress to the claimant
- replacing the role of independent mobility assessor with an eligibility assessor as described above and in the consultation document

Secondary legislation will be introduced to give effect to these changes at the earliest opportunity. The department will seek to work with medical professionals and key stakeholders during the remainder of this year to develop the guidance that local authorities will need in order to be able to administer the scheme when the changes come into effect.

These changes could positively affect applications for blue badges for many carers and the person they care for in the future.

The Carefree group

We are sorry to announce that the above group, comprising of former carers and current carers, run by volunteers Roy and Joyce, is sadly closed with immediate effect.

Over the years Roy and Joyce, amongst others, have worked tirelessly to keep this sociable and friendly group open. It has also been supported financially by an anonymous benefactor. However, in recent months there has been a decline in members and the remaining members have agreed to close the group.

We would like to thank Roy and Joyce for all their hard work over the years and for helping to make it such a lifeline for ex and current carers.