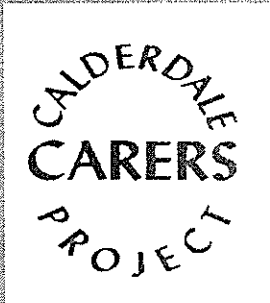


Carers Support Groups Join us!



**North Halifax – 1st Tuesday of the month at
Illingworth Moor Methodist Church,
Keighley Road.**

**Lower Valley – 1st Thursday of the month
at Brighouse Library**

**Todmorden – 2nd Tuesday of the month at the
Health Centre, Halifax Road, Todmorden.**

**Asian Carers (Women only) - 3rd Tuesday of the
month (except the months of Ramadan),
at the British Legion Building,
Hopwood Lane, Halifax**

**Sowerby Bridge – 3rd Wednesday of the month
at St. Paul's Church, Tower Hill,
Sowerby Bridge**

**Sitters can be
arranged and
paid for, plus
transport costs
reimbursed
to enable
carers to
attend**

**For times of all the groups and more information
telephone us on 01422 369101 or email
enquiries@calderdale-carers.co.uk**